

Hands at Work is striving to reach the most vulnerable, those that would not have been reached otherwise.

Hands at Work provides primary health care, education and food. Lifesource supports 125 children in extreme poverty in Zambia.



Prayer points:

- Children: Health, strength, healing, & protection
- Caregivers: grace, love, and provision
- Community: empowered and wise
- Church: strong disciples, right leaders with integrity, & the raising up of new leaders to share the load.

Cecilia and Emma shared from Exodus 14:13-14, at a recent conference:

Emma says, "It's wonderful just how powerful this scripture is. I like the picture it gives us. We can see it in our minds - the Israelites all together. There is this great Red Sea, and you can't cross it. They don't have boats. Most of them probably can't swim, and you can't swim that far if you wanted to. There are millions of people. Some of them are elderly and some of them are children. There's nowhere to go; you can't go forward. When they turn and see this whole army coming for them, it must have been frightening. Pharaoh's army caught up with them quickly with his horses and chariots. The sheer noise and the dust filling up the horizon with this army coming for them. This speaks to how it is when you're in that hard place. Everyone has been there and many probably are there now. We all have struggles. They might be different, but we have struggles and we can get to that place where we just don't know what to do and we don't know the way forward. I also love in this scripture that there are clear commands. Moses says to the people, "Don't be afraid." And you know they're terrified if you read more of the passage from verse 10, you'll see they're complaining like nothing else. And then Moses says to stand firm. Stand firm in what you believe.

What do you really believe about Jesus? Do you believe He is Lord and Saviour and He can deliver you from all things? Are you confessing faith? Or are you like the Israelites? They were really confessing unbelief, weren't they? Stand firm and then wait. Wait and see that the Lord will deliver you. That's the hard part, isn't it? And that's what grows our faith and challenges us. Are we going to stand firm and wait for God to deliver us? However long it comes? And then that wonderful thing, the Lord is fighting for you. That's a faith thing, because sometimes we think the Lord is not doing anything. But the Lord will fight for us. We just need to be still. That fills me with a sense of peace.

FREEDOM IN CHRIST Cecilia Matibula, African Leader (Zambia), Chisamba Service Centre Coordinator Emma Baxter, International Volunteer (Australia), Zambia Regional Support Team



- Africa

Hands at Work supports the poorest communities in Africa bringing hope, education, food, and medical care. They do this by activating local volunteers and Care givers in the community and by partnering with local churches.

Lifesource currently sponsors 125 children in 2 rural communities so they have access to:

1. Food (1 meal a day),
2. Education
3. Medical care.

Meet Matilda* one of the most vulnerable children we care for in Racecourse Community, Zambia. At only six years old, Matilda* struggles with a life-threatening illness and takes life-giving medication daily. She is often rejected by people in her community because of her illness. Thankfully, the Care Workers are committed to loving and caring for Matilda, something she was missing but so desperately needed. Matilda goes to the Care Point daily, where she is known by name and has friends to play with.



Lifesource has also sponsored:

- Under 5s feeding program
- 2 wells, giving clean water to a community
- 4 homes for widows
- Blankets for 2 communities in winter
- Winter Clothes for children



Please pray for:

- Protection, wisdom and compassion for Care Workers. That they would foster and love children in their care as their own.
- Crops would flourish and community be blessed
- Children to grow and be disciplined
- Youth and Young Adults to become disciple makers and invest in their communities
- Communities would follow Jesus completely and turn away from witchcraft
- Strong men with integrity to work together with church

Zambia Population 19,932,760

% people living extreme poverty 59%

Children living with HIV/ AIDS 82,000

Children orphaned due to AIV/AIDS 700,000

